

# SunGate Newsletter

## SunGate Garden Parent Circle



“Look mom!” The little girl pushed back her long blond hair from her eyes, and grabbed her mother’s hand. Engaged in a conversation with another mom, she was pulled away by her daughter’s eager wish. “I made a protection for it,” she announced proudly. There, on a tree stump was a small red leaf, surrounded by sticks. The little girl was satisfied both by her creation, and her mother’s admiration.

The child reflected well the theme of our SunGate Garden Parent Circle, a gathering of parents and young children held four Saturdays in August. In our discussions and experiences, we created a living image of the world of the young child. Enveloped by the soft colors and natural beauty of the Meadowsweet Kindergarten, we remembered the importance of learning through imitation and engagement with meaningful tasks.

Kneading bread, cutting cheese, sweeping and sewing, created a peaceful and accessible atmosphere for the children. Songs, finger games, and stories were met with open eyes and wide smiles. The simplicity of a butterfly landing, or a ladybug drinking from a drop of water reminded us that stories for the youngest child can bring a sense of wonder to the smallest elements of life.



“What I want most for my child is community,” one parent shared. The parent circle was a wonderful opportunity to connect with others who share similar values for their children.



## Spelt Buns

2 Cups Spelt Flour      1 tsp yeast  
1 Tbsp Honey            1 Tbsp olive oil  
 $\frac{3}{4}$  cup warm water      1 tsp salt

Mix flour, yeast and salt. Add water, olive oil and honey to make a dough. Knead dough gently. Cover and let rise 1 hour. Shape dough into buns. Bake at 375 for 15 minutes.

## Evening Verse

As I go to sleep each night  
An angel watches over me  
And fills my soul with shining light  
And guides me to the stars so bright  
And blesses me each morning



## Finger Games

The itsy bitsy spider went up the water spout  
Down came the rain and washed the spider out  
Out came the sun and dried up all the rain  
And the itsy bitsy spider went up the spout  
again

Where is thumbkin? Where is thumbkin?  
How are you today sir? Very well I thank you.  
Run away, run away.



SunGate Cooperative is a homeschool enrichment program for children and their families. A full day program is offered for children ages 6 to 9 on our campus in Chester Springs.

Parent Workshops are open to the wider community and are offered the first Tuesday of the month from 8:30 to 10am, and the last Tuesday of the month from 7 to 8:30pm.

Email: [SunGateProgram@gmail.com](mailto:SunGateProgram@gmail.com)

or Call (484) 650-1729

For more information

If you would like to attend the next SunGate Garden Parent Circle, send us an email and we will keep you updated regarding the next series.